

## **International Society of Aesthetic Plastic Surgery**

ABSTRACTS - Fourteenth Congress - São Paulo - May 31 - June 3 1997

### **BROWLIFTING WITH THREAD: THE TECHNIQUE WITHOUT UNDERMINING USING MINIMAL INCISIONS**

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The position of the eyebrow exerts great influence over the upper eyelids, both in terms of skin excess as well as in the overall aesthetics of the lid/orbit region. Based on the need to associate the treatment of the eyelids with that of the eyebrows, the author developed an essentially simple surgical technique for browlifting. This surgery was performed on 10 patients ranging from 47 to 62 years old, being 8 females and 2 males. Through minimal incisions in the scalp and in the superior margin of the eyebrow, an anchor is made and traction is exerted with 00 cotton thread, without undermining in the frontal region, with the exception of the thread line which is subgaleal. The main difference between this and other techniques is its use of the glide of the eyebrow over deep soft tissues, without the necessity of undermining. The follow-up ranged from 6 to 16 months, the results being evaluated by the surgeon, a panel of surgeons, and the patients themselves, during which the lift remained at acceptable levels in most patients, while in a few cases it dropped down a little. This procedure was well accepted by the patients, making it a good alternative for the treatment of browptosis.

The authors refer to complications in another 2 patients (not in the group of 10 in the study) for whom extrusion occurred when the 00 nylon or cotton thread was substituted by Goretex. In these two cases, the removal of the stitches was easy and solved the problem without further complications.

**Web textos e figuras: GUTO GOMEZ**